



***Mind & Body in CommUNITY:
Empowerment Through Culture, Connection, & Care***

The NYC Department of Youth and Community Development (DYCD) in partnership with Vibrant Emotional Health invite you to join our **10th Annual Healing the Hurt Conference**.

Friday, May 16, 2025

UJA Federation of New York

130 East 59th Street, New York, NY 10022

8:30 AM - 4:00 PM

This year's theme, **Mind & Body in CommUNITY: Empowerment Through Culture, Connection, & Care**, highlights the importance of coming together to support well-being. By embracing different perspectives and working as one, we can create lasting solutions that strengthen both individuals and communities.

Kosher breakfast, lunch, and refreshments will be provided.

Space is limited.

Registration is on a first come, first served basis by Friday, May 9th, 2025

Conference highlights will include remarks from dynamic keynote and guest speakers, interactive workshops covering topics, including but not limited to Healing Generational Trauma, Centering LGBTQ+ Mental Health, Painting for a Purpose, surprise giveaways, and much more.

To register, please visit our website at bit.ly/3vJYIYx or

[Click Here](https://bit.ly/3vJYIYx)

We look forward to having you join us!

***Virtual
Option
Available***