



the *Fresh Air* fund



## Free, Safe & Fun Sleepaway Camp for NYC Kids

Since its founding in 1877, The Fresh Air Fund, a not-for-profit youth development organization, has provided free life-changing summer experiences in the outdoors to more than 1.8 million children from New York City's underserved communities. Young people also participate in year-round leadership, career exploration and educational programs.

### SLEEPAWAY CAMP

At sleepaway camps in New York's Mid-Hudson Valley, children ages 8-17 explore the outdoors, learn to swim, hike wooded trails, and participate in activities that include sports, boating, art, music, leadership development, STEM and more, all at no cost.

Campers return home with more confidence, new skills and new friends.

- **Camp ABC:** Girls, 9-14 years old
  - **Camp Hayden-Marks:** Boys, 9-14 years old
  - **Camp Hidden Valley:** Youth, 8-12 years old
  - **Camp Mariah / Career Awareness Program (CAP):** Students, currently in 6th grade, ages 11- 13, can apply.
    - CAP is a year-round program with a three-year commitment for 7th-9th graders to explore careers and participate in job-shadowings, tutoring, and more. Participants attend Camp Mariah for three weeks during the summer.
  - **Camp Junior:** Youth, 8-17 years old, from the Bronx
    - Leaders-in-Training (LIT) for age 15 (2 sessions)
    - Counselor-in-Training (CIT) for ages 16-17 (4 sessions)
  - **Camp Tommy:** Youth, 15-17 years old
    - Leaders-in-Training (LIT) for age 15 (2 sessions)
    - Counselor-in-Training (CIT) for ages 16-17 (4 sessions)
- \* LITs who fulfill program expectations are eligible for a \$200 stipend and CITs are eligible for an \$800 stipend.



Children must live and go to school in NYC and meet income eligibility requirements to participate in this free program.

Visit [FreshAir.org](http://FreshAir.org) to register & learn more!

Questions?  
(800) 367-0003 | [apply@freshair.org](mailto:apply@freshair.org)

the *Fresh Air* fund  
*because a summer can last a lifetime™*

