

## STATEN ISLAND DEVELOPMENTAL DISABILITIES COUNCIL

## Self-Directed Supports Committee

**Date:** Wednesday May 15th, 2024 @ 10AM

## **Topic:** Exploration of Future Planning by Parents of Adults with IDD Using Self-Direction Budgets

The study was approved by the IRB at Teachers College. 9 Focus Groups were held virtually in March and April of 2023. Participants were asked what they do to make self-direction work as parents; if they wanted SD to continue when they are outlived by their children; if they have identified anyone to take on their SD-related responsibilities; what plans they have made for future planning (financial, legal and otherwise); and to describe their ideal vision for their child's future when they are no longer here. We are currently analyzing our data and will certainly have findings to share at the conference. CFS is already looking into putting 2 early recommendations that emerged from the study into practice - forming a support group for parents of adults using SD, interested in future planning to be led by peers who have navigated much of their own future planning; and a support group for siblings of adults to provide both instruction in the SD service model, and peer support.

## **Presentation BY:**

- Laurie Yankowitz, Ed.D., Developmental Disabilities Specialist, Self-Direction Advisor, Adjunct Professor at Teachers College Columbia University, and Independent Support Broker.
- Linda Schellenberg, MSW, Chief Program Officer at The Center for Family Supports

Register in advance for this meeting, by clicking <u>Meeting Registration - Zoom</u>: (CTRL & Click) or scanning the QRCODE on the side. After registering, you will receive a confirmation email containing information about joining the meeting.

**ZOOM meeting — Meeting ID**: 864 4370 1940 **Passcode**: 121680

Want to know more about the Staten Island Developmental Disability Council view our website at <a href="https://www.siddc.org">www.siddc.org</a>. You can also e-mail Melissa Chapman at <a href="https://www.siddc.org">MChapman@pccsny.org</a> or Fidaije Nesimi at <a href="mailto:fnes-">fnes-</a> <a href="mailto:imi@gmail.com">imi@gmail.com</a> for additional questions.